LIBRARIES ARE FOR EVERYONE

National Library Week | April 9-15, 2017

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LOCATIONS

HEADQUARTERS
Hopewell
804-458-6329
209 E. Cawson Street
Hopewell, VA 23860

Burrowsville
804-458-6329, ext. 2950
18701 James River Drive
Disputanta, VA 23842

Carson Depot
804-458-6329, ext. 2910
16101 Halligan Park Road
Carson, VA 23830

Dinwiddie
804-458-6329, ext. 2920
14103 Boydton Plank Road
Dinwiddie, VA 23841

Disputanta
804-458-6329, ext. 2930
10010 County Drive
Disputanta, VA 23842

McKenney
804-458-6329, ext. 2940
7301 Boydton Plank Road
Petersburg, VA 23803

Rohoic
804-458-6329, ext. 2960
10010 County Drive
Disputanta, VA 23842

HILLBILLY ELEGY
by J.D. Vance
March

THE BEAR AND THE NIGHTINGALE
by Katherine Arden
April

THE MOTHERS
by Brit Bennett
May

THE MOTHERS
by Brit Bennett
March

BRITT MARIE WAS HERE
by Fredrik Backman
April

CIRCLING THE SUN
by Paula McLain
May

McKenney Library | Time and date to be determined.
The McKenney Book Group will resume in the new library location. Please watch for updates.

Coming Soon: The McKenney Library will move into a new, expanded space this March. Check our website www.arls.org for more details on our grand opening.

April 17 - April 22
Celebrating the 10th anniversary of the opening of the Hopewell Library

Events are planned for the whole week with a special celebration on Saturday, April 22.

10:00 Welcome and greetings from Hopewell Mayor and Library Director

11:00 Terrarium activity for families in celebration of Earth Day - *REGISTRATION REQUIRED*

12:00 “Mystery, Suspense and Drama” - history of the Hopewell Library presented by Jeanie Langford.

2:00 Mandatory Fun - an ensemble from the U.S. Army 392d Army Band will perform a variety of popular and patriotic tunes.

Refreshments sponsored by the Hopewell/Prince George Friends of the Library.

Library Board Meetings
The Appomattox Regional Library Board of Trustees meets at 2 p.m. on the third Tuesday of each month as follows:

March 21 ........ McKenney
April 18 ........ Disputanta
May 16 ........ Rohoic

Library Closings
May 29 ........ Memorial Day
ADULT PROGRAMS

Photography Exhibit: “Roam” Begins February 6
Resolve to see more of this great continent this year. For inspiration, visit Hopewell and Prince George and take a tour of our National Parks through the photography of Wally Kanak. This exhibit continues through March with addition of Allen Gatewood’s photography of scenic Virginia at Prince George beginning March 7.

Art Exhibit: “Tiger Dreams, Inner Landscape” begins May 22
Journey through dreams and feelings translated into art. Visit Prince George in May for an exhibit of charcoal drawings by Nicole Judge.

Alzheimer’s and Dementia 411
Cindy Hamlin, the Tri-Cities Regional Director of the Alzheimer’s Association will be presenting these informational sessions about Alzheimer’s.

Understanding and Responding to Dementia-Related Behavior:
Prince George Library
May 11, 5:30 - 6:30 p.m.
Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer’s disease.

Healthy Habits for Body and Brain
Dinwiddie Library
April 20, 5:30 - 6:30 p.m.
For centuries, we’ve known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Beekeeping 101
We invite you to learn about beekeeping at two of our locations. Mr. Radford, a beekeeper in Prince George County, will explain how to get started in this hobby, what equipment is needed, and offer other tips on maintaining healthy hives.

Prince George Library
March 4, 10:30 a.m. - 12:30 p.m.
McKenney Library
April 7, 3:00 - 5:00 p.m.
ADULT PROGRAMS

Fitness @ the library
Hopewell Library
Sit and Be Fit
Tuesdays March 7 - May 30: 10:30-11:30 a.m.
This full-body workout is designed to be done from both a seated chair and a standing position. The class will emphasize exercises to improve flexibility, muscle and bone strength, circulation, and balance. It is fun and easy and suitable to people of all fitness abilities.

Burrowsville Library
March 28, 7:00 p.m.
The Friends of the Burrowsville School and Community Center will host Thunder Eagle Wildlife, a wildlife rescue nonprofit for a program with information on owls, other raptors, and habitat conservation. Attendees are invited to bring donations for a “Wildlife Baby Shower.” Appropriate items are listed at the Thunder Eagle Wildlife website: http://www.thundereaglewildlife.org/donations-wish-list/

Dinwiddie Public Library
Friends of the Library, Dinwiddie Spring Meeting
May 1, 7:00 p.m.
Author Howard Owen will present the program for the FOLD Spring Meeting. Struck by either an epiphany or a midlife crisis, Howard Owen wrote his first novel, “Littlejohn,” at the age of 40. At the time, Owen was a sports editor at The Richmond Times-Dispatch. He retired in April as editorial page editor of The Free Lance-Star in Fredericksburg after 44 years in journalism. Now, in retirement, he has even more time to write. Owen’s tenth novel, “Oregon Hill,” published in 2012, won the Hammett Prize for best crime literature in the U.S. and Canada, given by the International Association of Crime Writers. The sequel, “The Philadelphia Quarry,” came out in July of 2013. The third Willie Black mystery, “Parker Field,” was published in 2014. The fourth, “The Bottom,” came out this year. The fifth, “Grace,” comes out in October of 2016. Besides the Willie Black series, Mr. Owen has written numerous stand alone novels.

This entertaining program will include refreshments.

Southside from the Heart
Join our knitters and crocheters as they create items for local hospitals, nursing homes and shelters. Crafters of all ages and skill levels are welcome.

Hopewell
1st & 3rd Thursday evenings from 6:00 p.m. - 8:00 p.m.
2nd & 4th Thursday mornings from 10:00 a.m. - 12:00 p.m.

Carson
Every Monday afternoon from 3:00 - 5:00 p.m.
*No meeting May 29

Dinwiddie
2nd & 4th Wednesday afternoons from 1:00 - 3:00 p.m.

Prince George
1st & 3rd Tuesday afternoons from 2:00 - 4:00 p.m.

Prince George Library
Yoga for Beginners
Thursdays March 2 - May 25: 12:00-1:00 p.m.
No class on March 9.
Receive the abundant benefits of yoga. This gentle class offers flowing movements at a gentle pace with attention to breathing and postures. You will see improvement in muscle strength, circulation, flexibility, and balance. It is suitable to people of all fitness levels. Please bring a yoga mat to class.

American Sign Language
Hopewell Library
Tuesdays and Thursdays, March 2 - May 30:
6:00 - 8:00 p.m. No class on March 21.
Interested in sign language? Do you want to learn how to communicate with a friend or loved one? Well, we have the perfect class for you. Come learn beginning sign language for
free at the Appomattox Regional Library at Hopewell. Classes will be taught by Mr. Darrell Avery, a graduate of Gallaudet University in Deaf Education.

**New Year New You: Understanding and Improving Your Credit Score**  
**March 16, 6:30-8:00 pm**

Got bad credit? You are not alone. Come learn about credit and how to improve your financial situation in this free program offered by **People’s Advantage Credit Union**. Learn about credit reports and the ways of improving your credit score. Light refreshments will be provided.

**Be BIG**  
**March 30, 5:15 - 6:30 p.m.**

Join Big Brothers Big Sisters’ staff and current Bigs in the HMA Meeting Room to learn more about what it’s like to be a School-Based mentor in Hopewell. Light refreshments will be provided. Contact Leanne Lytle at (804) 319-5198 or LLytle@bigbrobigsis.com with any questions.

**Weston Lecture Series**

The Historic Hopewell Foundation, Inc. has scheduled the annual summer series of history lectures and interpreters in the Hopewell Library HMA room, Wednesdays at 12 noon. The series will begin May 24 with ARLS local history maven Jean Langford, discussing “Hamburgers, French Fries, and Hotdogs”- a history of eateries and gathering places of Hopewell.

**Prince George Library**

**Poetry, Prose and Pizza**  
**Thursday, April 6, beginning at 6 p.m.**

Nathan Richardson, published poet and youth mentor, will host an evening to share original or favorite poetry or prose selections on Thursday, April 6, beginning at 6 p.m. The Hopewell/PG Friends of the Library host this event with sponsor Luca Italian Restaurant. So stop by to enjoy a slice of pizza and participate in this family friendly evening.

Don’t forget to visit **The Reader’s Friend Book Store** at the Hopewell Library to find gently used books, CDs and DVDs. The Book Store is open **Wednesday, Thursday, and Saturday from 10:30 a.m. to 2:30 p.m.** Proceeds from the bookstore and the ongoing sales at libraries like Dinwiddie, Carson, and McKenney help support programming for adults and children throughout the Appomattox Regional Library System.

**McKenney Library**

**Intro to Soap Making**  
**May 22, 4:00 pm - 5:00pm**

Have you ever tried homemade soap? It’s pretty amazing stuff and not that difficult to make. Come to the library for a demonstration of basic soap-making techniques. We will cover a little bit of the history of soap making and clarify the different types of homemade soaps and the techniques used to make them. Our own staff member, Christie, has been making homemade soap for almost 20 years and started selling it professionally in 2005. Come learn a new craft.
All ages

SPRING BREAK 2017
Join us the week of April 10 - April 15 for regular Story Times AND special Spring Break programming!

Monday, April 10
Hopewell Library, Little Scientists (Pre-K), 11:15 a.m.
Dinwiddie Library, Pajama Storytime (All ages), 6:00 p.m.

Tuesday, April 11
Hopewell Library, Beautiful Butterflies (Elementary), 10:30 a.m.
Dinwiddie Library, Beautiful Butterflies (Elementary), 4:00 p.m.
Hopewell Library, Pysanka - Ukrainian Eggs (Grades 6-12), 4:00 p.m.

Wednesday, April 12
Dinwiddie Library, Little Scientists (Pre-K), 11:15 a.m.
Prince George Library, Let’s Make a Book! (Elementary), 4:00 p.m.

Thursday, April 13
Prince George Library, Little Scientists (Pre-K), 11:15 a.m.

Friday, April 14
Hopewell Library, Scavenger Hunt (Elementary), 4:00 p.m.

Saturday, April 15
Hopewell Library, Saturday Story Time (All ages), 10:30 a.m.
Hopewell Library, “Queen of Katwe”, Rated PG (All ages), 11:30 a.m.

Babies, Toddlers, & PreSchool (Birth to Pre-K)

Spring Story Time
February 27 - April 1
April 10 - June 3

Baby and Me: A Story Time for babies and their caretakers. A great introduction for you and your new family member to the wonderful world of books, rhymes and songs. For babies ages birth to 18 months old, this program is limited to 15 babies and will last approximately 30 minutes.
Hopewell Library, 10:00 a.m. on Mondays (2/27, 3/6, 3/13, 3/20, 3/27, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22)
Prince George Library, 10:00 a.m. on Thursdays (3/2, 3/9, 3/16, 3/23, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1)

Little Scientists
PK ages 3-5
Do you have a Little Scientist at home? Is your little one brimming over with curiosity? Then we have just the program for them! Bring them to this fun and educational program designed especially for preschoolers! A different topic each month!
March - Bubbles, Bubbles, Everywhere!
April - Eggstraordinary Eggs
May - Making Mother’s Day
March 13, April 10, May 8 - Hopewell Library, 11:15 a.m.
March 15, April 12, May 10 - Dinwiddie Library, 11:15 a.m.
March 16, April 13, May 11 - Prince George Library, 11:15 a.m.

Music ‘n’ Movement
PK ages 3-5
Want to get your preschoolers up and moving? This fun, highly-interactive program will have them moving and grooving! With a different theme each month, there’s no way your child will get bored!
March - Lucky Leprechauns
April - What’s the Weather?
May - ZOOmba
March 20, April 17, May 22 - Hopewell Library, 11:15 a.m.
March 22, April 19, May 24 - Dinwiddie Library, 11:15 a.m.
March 23, April 20, May 25 - Prince George Library, 11:15 a.m.

Toddler Fair
Prince George Library and Scott Park
April 1, 9:00 a.m. - 1:00 p.m.
Bring your toddler to a fun filled day. There will be Story Times and a Petting Zoo. Free screenings for hearing, language, and development. Sponsored by Smart Beginnings, the Prince George Department of Social Services, and the Appomattox Regional Library System.
All ages

**Story Time** programs aim to instill a love of reading by encouraging parents and other special adults to read aloud to children. Activities in Story Time promote brain and language development for children from birth to age 5. At Story Time, children and caregivers are introduced to six early literacy skills that are essential for learning to read including print motivation, narrative skills, phonological awareness, vocabulary, letter knowledge, and print awareness. Please join us! Story Time sessions will now run 6 weeks at a time, usually with a one-week break in between. No registration is required.

February 27 - April 1
(No storytime at Prince George March 30; no storytime at Carson March 31)

April 10 - June 3
(No storytime at Hopewell May 29)

**Homeschool Monthly Meetup**

March 21, 2017, 1:00 p.m.
Hopewell Library

March is National Women’s History Month and the library is celebrating! Join us as we learn about important women in history that you may not have heard of before!

April 18, 2017, 1:00 p.m.
Hopewell Library

Garden Starter --- To celebrate Earth Day, bring the kids to the library to learn about starting their very own garden! Students will learn what grows best in our area, when to plant their garden, and how to care for it! They might even leave with something to help them get started!

May 23, 2017, 1:00 p.m.
Hopewell Library

Celebrate National EMS (Emergency Medical Services) Week with us at the library! Come and meet some of Hopewell’s EMS workers and learn more about what they do.

**Special Story Times**

**Saturday Story Time**

Story Time for families that are unable to make it during the week! Fun stories AND a cool craft!

Prince George - March 11 at 10:30 a.m.
Hopewell - April 15 at 10:30 a.m.
Prince George - May 13 at 10:30 a.m.

**St. Patrick’s Day Themed Story Times**

March 13 - March 17

March 17 is St. Patrick’s Day! Celebrate leprechauns, shamrocks, and the Emerald Isle with us during normal Story Time hours with stories and a craft.

**Birthday Themed Story Times**

April 17 - April 21

The Hopewell Library at 209 E Cawson Street is turning 10 years old this week and we want you to celebrate with us during normal Story Time hours as we tell birthday-themed stories, sing songs, and put together a fun craft!

**Mother’s Day Themed Story Times**

May 8 - May 13

We all love our moms, so let’s celebrate them all week long during our normal Story Time hours - we’ll be sharing special stories, songs, and a craft (hint - it might be something lovely to give to Mom on May 14!).

**Movies at the Library**

Kick back and enjoy a movie at the library! Perfect for all-ages, come see the stars at the library! And feel free to bring your own movie snacks! All movies are shown at the Hopewell branch.

March 25, 3:30 p.m. - Moana, Rated PG
April 15, 11:30 a.m. - Queen of Katwe, Rated PG
May 27, 3:30 p.m. - Trolls, Rated PG
**Kids (Grades K to 5)**

**Lego Club!**
The Appomattox Regional Library System is very excited to bring back Lego Club! If you are already a Lego Master Builder or even if you’re a first timer, this is the place for you. The library will provide the Legos, while the kids provide the imagination! Ages 6-12

**Tuesdays March 28, April 25, May 30 - 4:30 p.m. to 5:30 p.m.**
Dinwiddie Library, Hopewell Library and Disputanta Library.

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**S.T.E.A.M. Scene - K - 5th**
In this new program, the library steams up your elementary student’s afternoon! With different themes each month, and two levels to choose from, your student will have fun while learning! Parents, please be aware that there will be two levels of each program offered!

March - Fairy Tale Science  
April - Eggstraordinary Eggs  
May - Marble Madness

**Kindergarten - 2nd Grade**
March 21 - Hopewell Library, 4:30 p.m.  
April 18 - Dinwiddie Library, 4:30 p.m.  
May 23 - Prince George Library, 4:30 p.m.

**3rd Grade - 5th Grade**
March 23 - Hopewell Library, 4:30 p.m.  
April 20 - Dinwiddie Library, 4:30 p.m.  
May 25 - Prince George Library, 4:30 p.m.

**Clever Canines**
Dinwiddie Library, March 20 - 5:30 p.m. - 6:30 p.m.  
Hopewell Library, April 3 - 5:30 p.m. - 6:30 p.m.

The dogs are back! In this program for elementary school-aged children, participants have the opportunity to read to therapy dogs. This is a great way for children to gain confidence in their reading skills as well as to interact with our canine friends! Registration is required, and is limited to 8 participants. Please call Youth Services at 804-458-6329, extensions 1013 or 1019 to register.

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**Tweens & Teens (Grades 6 to 12)**

**Volunteer Orientation**
Thursday, April 27  6:00 - 7:00 p.m.  
Hopewell Library

Teens interested in volunteering at the library can learn more at the Teen Volunteer Orientation, on Thursday, April 27, 6 p.m. at the Hopewell Library. Please submit your application in advance on the website at www.arls.org. Call Jan Rowley at 804-458-6329 extension 2001 to register.

**Teen Advisory Group (TAG) Meeting**
April 27 7:00 - 8:00 p.m.  
Hopewell Library

Teens - we need you to help us out! We’re planning more and more events and activities for you, but we want to make sure they are events and activities you actually want to do! Please come out to this meeting and share with us your wish list! We will have a fun activity that you can do while you’re there and we’ll also make sure that you leave with a full belly!

**Make and Take**
Make and take cool crafts! There will be a different crafting project each month! Have fun, hang with friends, make cool crafts! Grades 6-12

**Spring Flowers - March 27, 6:00 p.m.**  
Prince George Library  
**Recycled Planters - April 24, 6:00 p.m.**  
Hopewell Library  
**Mason Jar Aquariums - May 15, 6:00 p.m.**  
Dinwiddie Library

**Prom Swap**
Hopewell Library, April 8, 11 a.m - 3 p.m.

It’s almost prom season, and we want to help you out! At our Prom Swap, come and try on gently-used dresses and see which one will make you the belle of the ball. Donate an old dress to swap for your new one. Don’t have an old dress? That’s okay! Please join us anyway! NOTE – Please bring your dresses to the Hopewell Library during normal business hours from March 20 to April 1 (we are also accepting shoes and accessories). Come back on April 8 to find that new dress! Swaps will be done on a first-come, first served basis so get there early!