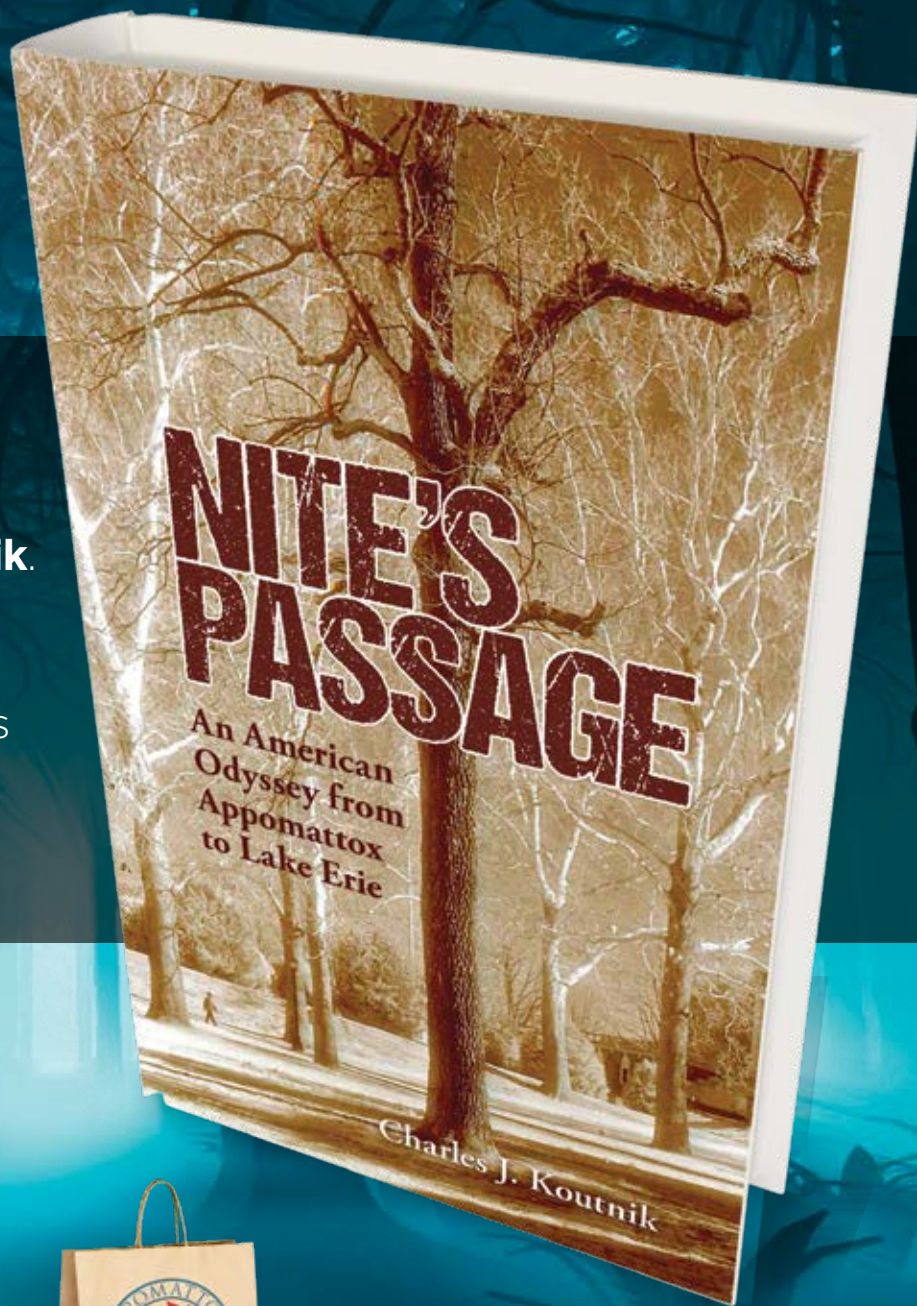


EXPLORE

Sponsored by the Friends of the Library



Our 2018 book will be ***Nite's Passage*** by former ARLS Director **Chuck Koutnik**. His historical novel begins with the end of the Civil War, exploring the life experiences of a young survivor who heads north.



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SILENCES STORIES.**

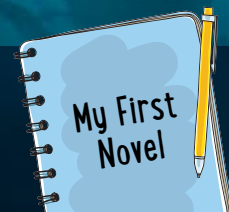
**SPEAK
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LOCATIONS

HEADQUARTERS

Hopewell
 804-458-6329
 209 E. Cawson Street
 Hopewell, VA 23860

Burrowsville
 804-458-6329, ext. 2950
 18701 James River Drive
 Disputanta, VA 23842

Carson Depot
 804-458-6329, ext. 2910
 16101 Halligan Park Road
 Carson, VA 23830

Dinwiddie
 804-458-6329, ext. 2920
 14103 Boydton Plank Road
 Dinwiddie, VA 23841

Disputanta
 804-458-6329, ext. 2930
 10010 County Drive
 Disputanta, VA 23842

McKenney
 804-458-6329, ext. 2940
 20916 Old School Road
 McKenney, VA 23872

Prince George
 804-458-6329, ext. 2970
 6605 Courts Drive
 Prince George, VA 23875

Rohoic
 804-458-6329, ext. 2960
 7301 Boydton Plank Road
 Petersburg, VA 23803

OUR MISSION

The Appomattox Regional Library System (ARLS) fosters life-long learning, the availability of information, and the exchange of ideas using library resources and emerging technology.

BOARD of TRUSTEES

Carly Baskerville
 Dinwiddie

Mary Benjamin
 Dinwiddie

Lillian K. Boyd
 Prince George

Libbie Dragoo
 Hopewell

Fran Halupka
 Hopewell

Martha Sykes
 Dinwiddie

William Thomas
 Prince George

Ann Williams
 Hopewell

The library is always interested in hearing from patrons willing to help make the library better by serving on its board. The library board meets ten times a year for lunch to review the library's operations and make recommendations to the director. Several opportunities to serve will occur during 2018. Contact Brian Manning at bmanning@arls.org, or 804-458-6329, Ext. 2005 for more information and how to apply for appointment to the board.

CONTENT AND ENDORSEMENT:

The content of ARLS publications, classes, and events does not necessarily reflect the views held by the Library, nor does mention of companies or organizations imply endorsement.

PHOTO/VIDEO RELEASE STATEMENT:

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bookgroups



Book Groups

Hopewell Library Evening | Last Wednesday 6:30 p.m.

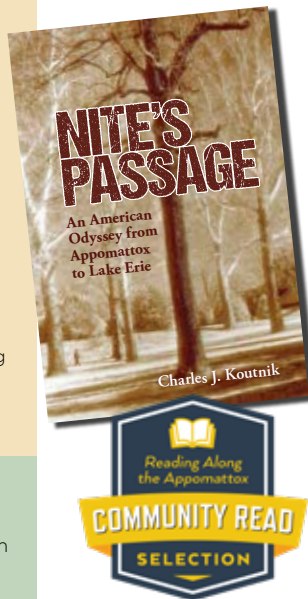
**October's meeting will fall on the fourth Wednesday to avoid conflicting with Halloween.*

- September 26** **Truly Madly Guilty** by Liane Moriarty
- October 24** **Nite's Passage** by Chuck Koutnik
- November 28** **The Leavers** by Lisa Ko

Dinwiddie Library | Third Thursday 7:00 p.m.

**October's meeting will fall on the second Thursday for a meet the author event.*

- September 20** **The Leavers** by Lisa Ko
- October 11** **Nite's Passage** by Chuck Koutnik
- November 15** **Truly Madly Guilty** by Liane Moriarty



Reading Along the Appomattox

Our 2018 book will be **Nite's Passage** by former ARLS Director **Chuck Koutnik**. His historical novel begins with the end of the Civil War, exploring the life experiences of a young survivor who heads north.

Meet the Author of Nite's Passage

Hopewell Library - Chuck Koutnik will discuss his novel and writing process at the Fall meeting of the Hopewell/Prince George Friends group, 2:00 pm Saturday October 6



Dinwiddie Library - Chuck Koutnik will discuss his novel and inspiration at 7:00 pm on Thursday October 11.

Library Board Meetings

The Appomattox Regional Library Board of Trustees meets at **1 p.m. on the third Tuesday of each month** as follows:

- Sept. 18** **Rohoic Library**
- Oct 16** **Burrowsville Library**
- November** **No Meeting**

Library Closings

- Sept. 3** **Labor Day**
- Oct. 8** **Columbus Day**
- Nov. 12** **Veterans Day**
- Nov. 22-23** **Thanksgiving**

ADULT PROGRAMS



Alzheimer's and Dementia 411

The Tri-Cities Region of the Alzheimer's Association will be presenting these informational sessions about Alzheimer's.

Effective Communication

Prince George Library

Thursday, September 20, 5:30-6:30 p.m.

Communication is more than just talking and listening - it's also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

10 Signs

Dinwiddie Library

Tuesday, October 16, 3:00-4:00 p.m.

There are 10 warning signs and symptoms of Alzheimer's. Every individual may experience one or more of these signs in different degrees. Learn what these are and how they differ from typical age-related symptoms.

Holiday Tips

Prince George Library

Thursday, December 13, 3:00-4:00 p.m.

The holidays can be an emotional time of year for many families, and that is no less true for families of Alzheimer's or dementia patients. With a little planning, your celebrations can still be happy, memorable occasions you will cherish for years to come.

Fitness at the Library

Sit and Be Fit

Hopewell Library

Tuesdays, September 4 - November 27, 10:30-11:30 p.m.

This full-body workout is designed to be done from both a seated chair and a standing position. The class will emphasize exercises to improve flexibility, muscle and bone strength, circulation, and balance. It is fun, easy, and suitable for people of all fitness abilities.

Tai Chi for Arthritis

Hopewell Library

Wednesdays, September 5 - November 28, 12:30-1:30 p.m.

Do you want to improve balance, lower body strength, and prevent falling? Even if you do not have arthritis, the benefits of Tai Chi are numerous. This class is based on a program created by Dr. Paul Lam, a retired family physician who was once wheelchair bound by arthritis. Frustrated by his lack of movement, he put his background and roots to work for him. Now he has won many gold medals performing Tai Chi and is well known for bringing Tai Chi to the Western World. The CDC recognizes Tai Chi is beneficial for overall health.



Self-Defense Classes

Hopewell Library

Wednesdays, September 12, 19, and 26, 5:00-6:00 p.m.

Learn ways to make yourself and/or those you care about be safer whether driving a car or walking down the street. Dale Smith will teach simple self-defense practices. Practice at your own risk. Ages 17 and older.

Yoga for Beginners

Prince George Library

Thursdays, September 6 - November 29, 12:00-1:00 p.m.

**The class will not meet on November 22 for the observance of Thanksgiving Day.*

Receive the abundant benefits of yoga. This gentle class offers flowing movements at a gentle pace with attention to breathing and postures. You will see improvement in muscle strength, circulation, flexibility, and balance. It is suitable for people of all fitness abilities. Please bring a yoga mat to class.

ADULT PROGRAMS

Exploring Yoga

Dinwiddie Library

Tuesday, September 11, 7:00-8:00 p.m.

This class is an introduction to yoga where we will learn the basic aspects of yoga and the reasons why everyone should do it. We will perform some beginner poses. All ability levels are welcome.

Dinwiddie Library

Paranormal Presentation & Investigation

Dinwiddie Library & Courthouse

Thursday, October 18, 7:00-9:00 p.m.

Join us at the Dinwiddie Library as the directors of Ghost Eyes Paranormal delve into case files of historically haunted locations they've visited, connecting the history of a location with the paranormal activity reported there. After the presentation you will get to see the equipment in use at the library, former clerks office and the historic courthouse. Perhaps you will have your own encounter with the unknown during the session. Be sure to bring your camera, digital recorder and a flashlight. Please wear soft soled shoes. **Registration is required.** Call 804-458-6329 x1008 to register. **Suggested donation** will go to the Dinwiddie Historical Society.



The Grand Illumination at Dinwiddie County Historic Courthouse

The Dinwiddie Courthouse and Library

Tuesday, November 27

In celebration of the holiday spirit and in conjunction with Dinwiddie County the Dinwiddie Library will be open late on the evening of the Grand Illumination and will have a craft for children. Come inside to say hello and warm up!

Dinwiddie Library Christmas Open House

Dinwiddie Library

Friday, December 7, 3:00-6:00 p.m.

Mark you calendars for the Dinwiddie Library Christmas Open House. There will be story time, refreshments and door prizes.



Hopewell Library

Buck-A Bag Book Sale

Hopewell Library

Saturday, September 29

- 10:00 a.m.-11:00 a.m. - Friends only

- 11:00 a.m.-4:00 p.m. - Open to the public

Everyone is welcome, but being a Friend has its benefits. The Hopewell-Prince George Friends of the Library will get first pick at our Buck-A-Bag sale. Members of the Friends will be allowed into the sale at 10 a.m, an hour before the general public to browse and purchase. Fill your bag for only a dollar! Fill as many bags as you wish!

If you have not renewed your membership now is the time.

Send payment to The Hopewell-Prince George Friends of the Library to the address P.O Box 178 Hopewell, VA 23860.

Lifetime- \$100 | Corporate - \$35 | Family - \$20

Individual -\$10 | Student - \$5





September is Library Card Sign Up Month

Adults who register for their first library card with ARLS this September at any ARLS location will be included in a prize drawing at the end of the month.

Pressed Flower Bookmark Craft

Hopewell Library
Thursday, November 29th,
11:00 a.m.

Join us to make your own unique bookmarks either for yourself or as a gift.



Prince George Library

Poetry, Prose and Pizza

Prince George Library
Thursday, October 25, 6:00 p.m.

Nathan Richardson, published poet and youth mentor, will host an evening to share original or favorite poetry or prose selections. The **Hopewell/PG Friends of the Library** host this event and provide pizza from **Luca Italian Restaurant**. Stop by to enjoy a slice of pizza and participate in this family-friendly evening.



All Branches

Origami Bats!

October 25-31

Stop on in to any of our branches and learn to make origami bats! These spooky and cute creatures are perfect halloween decorations. Come make one or make five for your own colony! Suitable for kids with adult help, teens, and up they're a craft for everyone.



Southside From the Heart

Join our knitters and crocheters as they create items for local hospitals, nursing homes and shelters. Crafters of all ages and skill levels are welcome.



Hopewell

1st & 3rd Thursday evenings from 6:00 p.m. - 8:00 p.m.
2nd & 4th Thursday mornings from 10:00 a.m. - 12:00 p.m.
No meeting November 22nd

Dinwiddie

2nd & 4th Wednesday afternoons from 1:00 - 3:00 p.m.

McKenney

1st & 3rd Wednesday afternoons from 3:00 - 5:00 p.m.

Prince George

1st & 3rd Tuesday afternoons from 2:00 - 4:00 p.m.

NEW

ARLS Canvas Totes

All proceeds from the totes go to the Hopewell-Prince George Friends of the Library! Totes are \$10 and are available in the Friends bookstore and soon Hopewell, Prince George, Carson, Disputanta and Burrowsville.



YOUTH PROGRAMS



Youth

Fall Story Time

September 4 - November 30

* No story time Sept. 27-28; Oct. 8-13, Nov. 12, and 19-24

Story time programs aim to instill a love of reading by encouraging parents and other special adults to read aloud to children. Please join us! No registration is required.

Monday - Hopewell - 10:30 a.m.

Tuesday - McKenney - 10:30 a.m.

Wednesday - Dinwiddie - 10:30 a.m.

Thursday - Prince George - 10:30 a.m.

New! Thursday - Rohoic - 10:30 p.m.

Fridays - Carson Depot - 10:30 a.m.

Baby and Me

September 4 - November 30

* No Baby and Me Sept. 27-28, Oct. 8-13 and Nov. 12, and 19-24

A great introduction for you and your new family member to the wonderful world of books, rhymes, and songs. For babies ages birth to 24 months old, this program is limited to 15 babies and will last approximately 30 minutes.

Hopewell Library - 10:00 a.m. on Mondays

Prince George Library - 10:00 a.m. on Thursdays

New! Carson Depot Library - 10:00 am on Fridays

Yoga Story Time

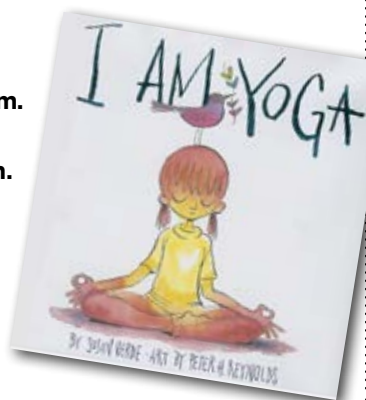
Hopewell Library

Saturday, September 15, 10:30 a.m.

Prince George Library

Saturday, October 20, 10:30 a.m.

This story time is about 30 minutes long, plus a craft or coloring at the end. We read a book and act it out with yoga poses. We also practice breathing, salutations, and savasana.



All Ages

Mystery Movie Mondays (for all ages)

Hopewell Library - 5:30 p.m.

What movie will you see? Who knows! It's a mystery!

Join us for snacks and an exciting movie.

Monday, September 10

Monday, September 24

Monday, October 22

Monday, November 5



Classic Movie Saturdays

Hopewell Library at 11:00 a.m.

Join us the Hopewell Library for a classic film and snacks.

Saturday, September 8 - **E.T. the Extra Terrestrial**

Saturday, September 22 - **The Goonies**

Saturday, October 6 - **Hook**

Saturday, October 20 - **Willy Wonka and the Chocolate Factory**

Saturday, November 3 - **Toy Story**

Saturday, November 17 - **The Wizard of Oz**



Camping at the Library

Hopewell Library - Friday, September 21, 4:00 p.m.

Carson Depot - Friday, October 26, 4:00 p.m.

(Wear your Halloween costume)

Bring your blanket to build a tent! Listen to campfire stories, play games, taste camp-inspired snacks and watch the night sky.



Fall Craft Extravaganza

Hopewell Library - Saturday, November 3, 10:00 a.m.

Join us for an amazing fall themed craft.

Homeschool Huddle

Hopewell Library

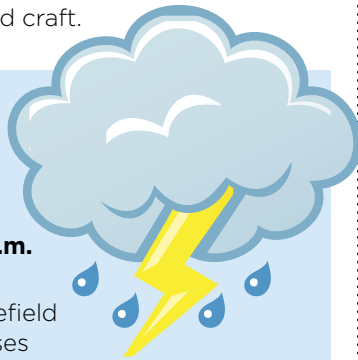
Tuesday, September 18, 1:00 p.m.

Meet Andrew Zimmerman, Lead Meteorologist at the Wakefield Forecast Center for "What causes the Weather?"

Hopewell Library

Tuesday, October 16, 1:00 p.m.

Learn how to destress and relax with Terri Elfner - the library's amazing yoga instructor!



Great Libraries Need Great Friends. Become a Friend Today!

- **Raise awareness** of library programs and resources
- **Receive early notice** of special programs and events
- **Help in The Reader's Friend Bookstore** and book sales
- **Serve as an officer or committee member** to host and plan events or work on special projects
- **Support new initiatives** and the **Summer Reading Programs** for children and adults

Contact **Megan Kitchen** at **804-458-6329, ext. 2001** or email mkitchen@arls.org

Membership envelopes are available at all locations



Babies, Toddlers, & PreSchool (Birth to Pre-K)

Music and Movement Pre-school (ages 2 - 5)

Hopewell Library - September 17, October 15, 11:00 a.m.

Dinwiddie Library - September 19, October 17, 11:00 a.m.

Prince George Library - September 20, October 18, 11:00 a.m.

Carson Library - September 21, October 19, 11:00 a.m.



Little Scientists Pre-school (ages 3-5)

September: Measuring and Counting

October: Pumpkin Science Exploration

November: Engineering Activities for Thanksgiving

Hopewell Library

October 1, November 5, 11:00 a.m.

Dinwiddie Library

September 5, October 3, November 7, 11:00 a.m.

Prince George Library

September 6, October 4, November 8, 11:00 a.m.

Pajama Story Time

Hopewell Library

September 11, October 9 & November 13 at 6:00 p.m.

Throw on your jammies and join us for this special story time!

1000 Books Before Kindergarten

There is no better gift you can give your child than snuggling up and reading aloud to him or her every day. Reading 1,000 books to your baby, toddler, or preschooler may sound daunting, but this program allows you to set your own pace, while giving your child a jumpstart to their education. The only criteria is to complete 1,000 books before the child enters kindergarten. If you read just 1 book a day, you will finish in 3 years...if you read 3 books a day, you can finish in just 1 year!



Stop by any of our locations for more details and to register your child. If you have questions, please call the Youth Services Department at 458-6329 ext. 1013. Happy Reading!

Elementary, Tweens and Teens (Ages 7-18)



STEAM

Learn about renewable energy using K'NeX

Hopewell Library - September 24, 4:00 p.m.
McKenney Library - September 26, 4:00 p.m.

Halloween STEAM challenges

Hopewell Library - October 29, 4:00 p.m.
McKenney Library - October 31, 4:00 p.m.

LEGO Club

If you are already a LEGO Master Builder or even if you're a first timer, this is the place for you! The library will provide the LEGO, while the kids provide the imagination! Ages 6-12.

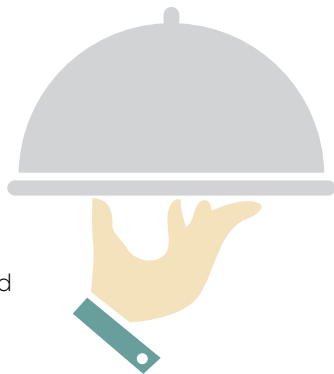
Dinwiddie Library, Disputanta Library, and Hopewell Library
September 25, October 30, and November 27, 4:30-5:30 p.m.

Teens

Food Culture Club

Hopewell Library
September 26, October 24
and November 28

Take a journey around the world!
Learn about different cultures and
try some of their foods.



Paranormal Investigation for Teens

Hopewell Library
October 13, 3:00- 5:00 p.m.

Ghost Eyes Paranormal has investigated some of the most haunted places on the East Coast for over 12 years. Join us as they introduce you to what ghosts are, show some of their experiences and show you some of the pictures and audio they have gathered doing their investigations.

Write Away with Melissa Face

Prince George Library
November 10, 2:00-3:00 p.m.

Melissa Face, published writer and English Instructor at the Appomattox Regional Governor's School will host an afternoon of writing. Teens are invited to bring a notebook, pen, and an appetite for the written word. We will discuss the world of publishing, write a few prompts, and share our work in a supportive environment. Snacks will be provided, so make sure to stop by and we will "Write Away!"



Volunteer Orientation

Hopewell Library
October 4 at 6:00 p.m.

Teens interested in volunteering at the library can learn more at the Teen Volunteer Orientation. Please fill out your application online at www.arls.org/support/volunteer and submit it by September 27 to participate. If you have questions, please email the Volunteer Coordinator at mkitchen@arls.org or call 804-458-6329 extension 2001..

**BANNING BOOKS
SILENCES STORIES.**

**SPEAK
OUT!**

BANNED BOOKS WEEK 2018

The annual celebration of the freedom to read, will be held **September 23 - 29**. The 2018 theme, "Banning Books Silences Stories," is a reminder that everyone needs to speak out against the tide of censorship. Various ARLS branches will have displays of banned books to celebrate.